

# Finding information: Part 6 Using the Web of Knowledge databases for Assignments and Dissertations

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and Janet MacKay  
2011/12



# Outline

- Why use databases
- Why use Web of Knowledge?
- Search Web of Knowledge
- Refining searches
- Managing records
- Advanced features
- Register for advanced services



# Why use databases...

- Primo – what we hold  
(titles of books/journals)
- Database – what has been  
published (journal articles)
  - Bibliographic
  - Links to full text material
  - Full text
- Note: web pages – not checked, may not be  
scholarly or academic



# Why use Web of Knowledge?

- Collection of databases covering science, social science and arts/humanities
  - Over 85 million records, some back to 1950s
  - Mainly research papers (journal articles and conference papers) written by academics
- Easy to use
  - Simple search rules
  - Links to full text and library catalogue
  - Direct export to RefWorks
  - Lots of help available



# Example assignment

“Discuss the role of  
diet in chronic  
fatigue syndrome”



# “Discuss the role of diet in Chronic Fatigue Syndrome”

↑  
a  
n  
d  
↓

concepts	alternative keywords		
Idea 1	chronic fatigue syndrome	cfs	fybromyalgia
Idea 2	diet*	nutrition*	
Idea 3	May need to consider other issues e.g. specific aspects of diet (vitamins or supplements), specific age groups e.g. children		



Library  
Special Collections  
and Museums



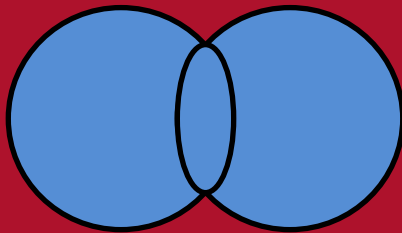
or



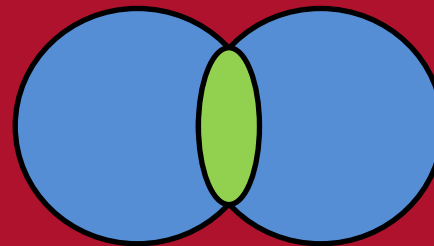
[www.abdn.ac.uk/library](http://www.abdn.ac.uk/library)

# Boolean Searching

- Linking of words, phrases and concepts for searching in databases and the web
- **OR**, **AND** are main operators



diet **OR** nutrition

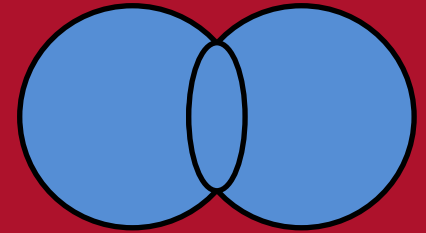


fibromyalgia **AND** diet



# Boolean Searching

- **OR** broadens the search -  
use alternative words
- **AND** narrows the search -  
more specific
- **NOT** cuts out unwanted items -  
use with care!!



# Web of Knowledge Search Rules

- Boolean connecting words:
  - **and**: e.g. fibromyalgia **and** diet
  - **or**: e.g. diet **or** nutrition
  - **not**: e.g. (diet **or** nutrition) **not** supplements
  - **near/x**: e.g. fibromyalgia **near/5** diet will find fibromyalgia and diet within 5 words of one another
- Truncation symbol: \*
- Enclose phrases in “**quotation marks**”:  
e.g. “**chronic fatigue syndrome**”
- Can use \* in exact phrase search



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## Master Journal List

Search for journals covered in the Web of Knowledge (includes all journal titles covered in TR products). Note – not a search of the databases.

Search by:

Search term\*:

\*enter a title word, full

## Web of Knowledge Service for UK Education

The **Web of Knowledge Service for UK Education** provides a single route to all the Thomson Reuters products subscribed to by your institution. Connect to the Web of Knowledge Service, search using the WoK 'All Database search' or select an individual product from the 'Select a Database' page. Use the 'Additional Resources' tab for helpful tools and web sites.

[Check the subscribers list](#) to see if your Institution has a [subscription](#) to Web of Knowledge and any additional resources.

[click here to access  
WEB OF KNOWLEDGE](#)

Problems with access? Try this [alternative link](#). Institution name, username and password required. Please note you may need to try alternative options.

## Service Information - Service Running Normally

### Thomson Reuters - Notice

We understand that you may have questions about differences you may be noting between the new Web of Knowledge and the previous version, please take a look at our [Frequently Asked Questions page](#) for more information.

[click here to access  
Journal Citation Reports](#)

[All Databases](#)[Select a Database](#)[Web of Science](#)[Additional Resources](#)[Search](#)[Search History](#)[Compound Marked List \(0\)](#)

## All Databases

### Search

in

Topic

*Example: oil spill\* mediterranean*

AND

in

Author

*Example: O'Brian C\* OR OBrian C\**

AND

in

Publication Name

*Example: Cancer\* OR Journal of Cancer Research and Clinical Oncology*[Add Another Field >>](#)

Search

Clear

Searches must be in English

Current Limits: (To save these permanently, [sign in](#) or [register](#).)

Timespan



All Years

### Maintenance Alert

**Questions about the new  
Web of Knowledge?**

Have questions about differences in citation counts between the new *Web of Knowledge* and the previous version? Notice differences in search capabilities and need more details? See the [Frequently Asked Questions](#) page.

### Support, Tools, Tips

#### Training & Support

- [Download quick Recorded Training](#)
- [Access additional Training Resources](#)
- More questions? Consult the [Help files](#).

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#### What's new in Web of Knowledge?

- Researcher ID is now searchable from within *Web of Science*<sup>SM</sup>.
- Automatic spelling variations and all new

**Web of Knowledge = platform for a number of databases. Which ones?**

[Sign In](#)[Marked List \(0\)](#)[My EndNote Web](#)[My ResearcherID](#)[My Citation Alerts](#)[My Saved Searches](#)[Log Out](#)[Help](#)[All Databases](#)[Select a Database](#)[Web of Science](#)[Additional Resources](#)**Web of Science<sup>SM</sup>** (1970-present)

Access the world's leading scholarly literature in the sciences, social sciences, arts, and humanities and examine proceedings of international conferences, symposia, seminars, colloquia, workshops, and conventions.

[\[ more \]](#)**BIOSIS Citation Index<sup>SM</sup>** (1956-present)

Life sciences and biomedical research covering pre-clinical and experimental research, methods and instrumentation, animal studies, and more.

[\[ more \]](#)**BIOSIS Previews<sup>®</sup>** (1956-present)

Life sciences and biomedical research covering pre-clinical and experimental research, methods and instrumentation, animal studies, and more.

[\[ more \]](#)**MEDLINE<sup>®</sup>** (1950-present)

The U.S. National Library of Medicine<sup>®</sup> (NLM<sup>®</sup>) premier life sciences database.

[\[ more \]](#)**Journal Citation Reports<sup>®</sup>**

Journal performance metrics offer a systematic, objective means to critically evaluate the world's leading journals

[\[ more \]](#)

View in: [简体中文](#) | [English](#) | [日本語](#)

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**Support, Tools, Tips****Training & Support**

- [Download quick Recorded Training](#)
- [Access additional Training Resources](#)

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**Target your search**

Each database within *Web of Knowledge* has unique content and capabilities, including specialized search fields and controlled vocabularies.

**Other Tools****Scientific WebPlus**

Find scientifically relevant Web content fast! Search the open Web and quickly see the most relevant content for the topics you care about, with *Scientific WebPlus*.


**Description of the different databases,  
but quick tab to Web of Science...**


# Scroll down search page; click on **Citation Databases** and select your database(s)

## Web of Science<sup>SM</sup>

### Search

in **Topic**   
*Example: oil spill\* mediterranean*

**AND**  in **Author**   
*Example: O'Brian C\* OR OBrian C\**  
Need help finding papers by an author?  
Use [Author Finder](#).

**AND**  in **Publication Name**   
*Example: Cancer\* OR Journal of Cancer Research and Clinical Oncology*

[Add Another Field >>](#)

**Search**



**Clear**

Searches must be in English

**Current Limits:** (To save these permanently, [sign in](#) or [register](#).)

#### Timespan

☒ All Years  (updated 2011-10-12)

☐ From 1970  to 2011  (default is all years)

#### Citation Databases

- ☒ Science Citation Index Expanded (SCI-EXPANDED) --1970-present
- ☐ Social Sciences Citation Index (SSCI) --1970-present
- ☐ Arts & Humanities Citation Index (A&HCI) --1975-present
- ☒ Conference Proceedings Citation Index- Science (CPCI-S) --1990-present
- ☐ Conference Proceedings Citation Index- Social Science & Humanities (CPCI-SSH) --1990-present

### Maintenance Alert

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#### What's new in Web of Knowledge?

- Researcher ID is now searchable from within *Web of Science*<sup>SM</sup>.
- Automatic spelling variations and all new Author Finder in *Web of Science*<sup>SM</sup>.
- [More of What's New](#)

#### Featured Tips

- Visualize citation connections at a glance with Citation Mapping ([view demo](#))
- Identify citation trends graphically with Citation Report ([view demo](#)).
- [How to update your Researcher ID profile](#).

# In this database keyword search = Topic

Web of Knowledge [v.5.4] - Web of Science Home

WEB OF KNOWLEDGE<sup>SM</sup> | DISCOVERY STARTS HERE

THOMSON REUTERS

Go to mobile site | Sign In | Marked List (0) | My EndNote Web | My ResearcherID | My Citation Alerts | My Saved Searches | Log Out | Help

All Databases | Select a Database | Web of Science | Additional Resources

Search | Author Finder | Cited Reference Search | Advanced Search | Search History

### Web of Science<sup>SM</sup>

#### Search

in   
Example: oil spill\* mediterranean

AND  in   
Example: oil spill\* mediterranean

AND  in   
Example: Cancer\* OR Journal of Cancer Research and Clinical Oncology

[Add Another Field >>](#)

Searches must be in English

Current Limits: (To save these permanently, [sign in](#) or [register](#).)

☐ Timespan

☒ All Years (updated 2011-10-17)

☐ From  to  (default is all years)

☐ Citation Databases

- ☒ Science Citation Index Expanded (SCI-EXPANDED) --1970-present
- ☐ Social Sciences Citation Index (SSCI) --1970-present
- ☐ Arts & Humanities Citation Index (A&HCI) --1975-present
- ☒ Conference Proceedings Citation Index- Science (CPCI-S) --1990-present
- ☐ Conference Proceedings Citation Index- Social Science & Humanities (CPCI-SSH) --1990-present

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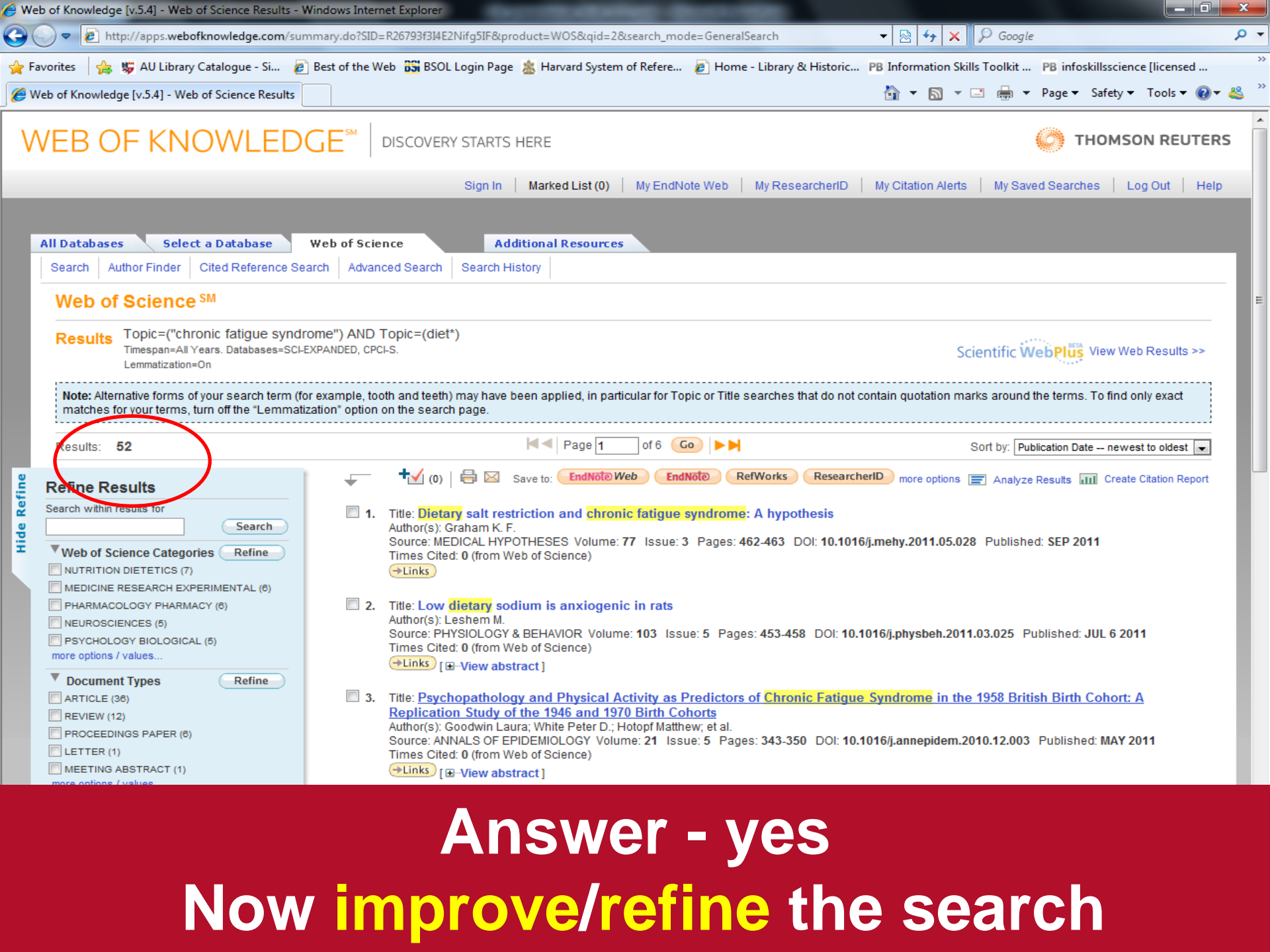
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- Automatic spelling variations and all new Author Finder in Web of Science<sup>SM</sup>.
- [More of What's New](#)

##### Featured Tips

- Visualize citation connections at a glance with Citation Mapping ([view demo](#))
- Identify citation trends graphically with

“Quick and dirty” search – broad terms, little refining. Is there content?



## All Databases

## Select a Database

## Web of Science

## Additional Resources

[Search](#) | [Author Finder](#) | [Cited Reference Search](#) | [Advanced Search](#) | [Search History](#)Web of Science<sup>SM</sup>

**Results** Topic= ("chronic fatigue syndrome") AND Topic= (diet\*)  
Timespan=All Years. Databases=SCI-EXPANDED, CPCI-S.  
Lemmatization=On

[Scientific WebPlus<sup>BETA</sup>](#) [View Web Results >>](#)

**Note:** Alternative forms of your search term (for example, tooth and teeth) may have been applied, in particular for Topic or Title searches that do not contain quotation marks around the terms. To find only exact matches for your terms, turn off the "Lemmatization" option on the search page.

Results: **52**Page 1 of 6 [Go](#)Sort by: [Publication Date -- newest to oldest](#)

## Refine Results

Search within results for

[Search](#)

## Web of Science Categories

[Refine](#)

- ☐ NUTRITION DIETETICS (7)
- ☐ MEDICINE RESEARCH EXPERIMENTAL (6)
- ☐ PHARMACOLOGY PHARMACY (6)
- ☐ NEUROSCIENCES (5)
- ☐ PSYCHOLOGY BIOLOGICAL (5)
- [more options / values...](#)

## Document Types

[Refine](#)

- ☐ ARTICLE (36)
- ☐ REVIEW (12)
- ☐ PROCEEDINGS PAPER (6)
- ☐ LETTER (1)
- ☐ MEETING ABSTRACT (1)
- [more options / values...](#)

- [Save to:](#) [EndNote Web](#) [EndNote](#) [RefWorks](#) [ResearcherID](#) [more options](#) [Analyze Results](#) [Create Citation Report](#)
- Title: **Dietary salt restriction and chronic fatigue syndrome: A hypothesis**  
Author(s): Graham K. F.  
Source: MEDICAL HYPOTHESES Volume: 77 Issue: 3 Pages: 462-463 DOI: 10.1016/j.mehy.2011.05.028 Published: SEP 2011  
Times Cited: 0 (from Web of Science)  
[Links](#)
  - Title: **Low dietary sodium is anxiogenic in rats**  
Author(s): Leshem M.  
Source: PHYSIOLOGY & BEHAVIOR Volume: 103 Issue: 5 Pages: 453-458 DOI: 10.1016/j.physbeh.2011.03.025 Published: JUL 6 2011  
Times Cited: 0 (from Web of Science)  
[Links](#) [View abstract](#)
  - Title: **Psychopathology and Physical Activity as Predictors of Chronic Fatigue Syndrome in the 1958 British Birth Cohort: A Replication Study of the 1946 and 1970 Birth Cohorts**  
Author(s): Goodwin Laura; White Peter D.; Hotopf Matthew; et al.  
Source: ANNALS OF EPIDEMIOLOGY Volume: 21 Issue: 5 Pages: 343-350 DOI: 10.1016/j.annepidem.2010.12.003 Published: MAY 2011  
Times Cited: 0 (from Web of Science)  
[Links](#) [View abstract](#)

# Answer - yes

# Now **improve/refine** the search

# Idea 1 in first/top box

## Idea 2 in second box

All DatabasesSelect a DatabaseWeb of ScienceAdditional Resources

SearchAuthor FinderCited Reference SearchAdvanced SearchSearch History

### Web of Science<sup>SM</sup>

#### Search

"chronic fatigue syndrome" or cfs or fibromyalgia  
*Example: oil spill\* mediterranean*

inTopic

AND

diet\* or nutrition\*  
*Example: oil spill\* mediterranean*

inTopic

AND

inTopic

[Add Another Field >>](#)

SearchClear

Searches must be in English

Current Limits: (To save these permanently, [sign in](#) or [register](#).)

☒ Timespan

☒ All Years (updated 2011-10-12)

☐ From 1970 to 2011 (default is all years)

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#### Maintenance Alert

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- Automatic spelling variations and all new

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Use the Web of Knowledge **search rules** and type in your keywords...

# Big number! Don't worry...

## Web of Science<sup>SM</sup>

**Results** Topic=("chronic fatigue syndrome" or cfs or fibromyalgia) AND Topic=(diet\* or nutrition\*)  
Timespan=All Years. Databases=SCI-EXPANDED, CPCI-S.  
Lemmatization=On

Scientific Web<sup>BETA</sup>Plus View Web Results >>

**Note:** Alternative forms of your search term (for example, tooth and teeth) may have been applied, in particular for Topic or Title searches that do not contain quotation marks around the terms. To find only exact matches for your terms, turn off the "Lemmatization" option on the search page.

Results: **188**

Page 1 of 19 Go

Sort by: Publication Date -- newest to oldest

### Refine Results

Search within results for

vitamin\*

Search

#### Web of Science Categories

Refine

- ☐ RHEUMATOLOGY (42)
- ☐ NUTRITION DIETETICS (19)
- ☐ PHARMACOLOGY PHARMACY (13)
- ☐ MEDICINE RESEARCH EXPERIMENTAL (11)
- ☐ NEUROSCIENCES (10)
- [more options / values...](#)

#### Document Types

Refine

- ☐ ARTICLE (138)
- ☐ REVIEW (35)
- ☐ PROCEEDINGS PAPER (10)
- ☐ MEETING ABSTRACT (7)
- ☐ LETTER (4)
- [more options / values...](#)



(0)



Save to:

EndNote<sup>®</sup> Web

EndNote<sup>®</sup>

RefWorks

ResearcherID

more options



Analyze Results



Create Citation Report

- ☐ 1. Title: **Possible role for glutamic acid decarboxylase in fibromyalgia symptoms: A conceptual model for chronic pain**  
Author(s): Fitzgerald Caris T.; Carter Lawrence P.  
Source: MEDICAL HYPOTHESES Volume: 77 Issue: 3 Pages: 409-415 DOI: 10.1016/j.mehy.2011.05.031 Published: SEP 2011  
Times Cited: 0 (from Web of Science)  
[→Links](#) [ [+View abstract](#) ]
- ☐ 2. Title: **Dietary salt restriction and chronic fatigue syndrome: A hypothesis**  
Author(s): Graham K. F.  
Source: MEDICAL HYPOTHESES Volume: 77 Issue: 3 Pages: 462-463 DOI: 10.1016/j.mehy.2011.05.028 Published: SEP 2011  
Times Cited: 0 (from Web of Science)  
[→Links](#)
- ☐ 3. Title: **Psychosocial Complaints Are Associated With Venous Access-Device Related Complications in Patients on Home Parenteral Nutrition**  
Author(s): Huisman-de Waal Getty; Versleijen Michelle; van Achterberg Theo; et al.  
Source: JOURNAL OF PARENTERAL AND ENTERAL NUTRITION Volume: 25 Issue: 5 Pages: 500

Can **refine/limit** your search by adding extra relevant search terms (keywords)...

# Evaluate what you've found – change the **display/sort** order

<< Back to previous page

**Results** Topic=("chronic fatigue syndrome" or cfs or fibromyalgia) AND Topic=(diet\* or nutrition\*)  
Refined by: Topic=(vitamin\*)  
Timespan=All Years. Databases=SCI-EXPANDED, CPCI-S.  
Lemmatization=On

**Note:** Alternative forms of your search term (for example, tooth and teeth) may have been applied, in particular for Topic or Title searches that do not contain quotation marks around the terms. To find only exact matches for your terms, turn off the "Lemmatization" option on the search page.

Results: **16**

Page 1 of 2 Go

Sort by: Publication Date -- newest to oldest

## Refine Results

Search within results for

Search

### Web of Science Categories

Refine

- ☐ NUTRITION DIETETICS (5)
  - ☐ RHEUMATOLOGY (3)
  - ☐ ENDOCRINOLOGY METABOLISM (2)
  - ☐ INTEGRATIVE COMPLEMENTARY MEDICINE (2)
  - ☐ MEDICINE GENERAL INTERNAL (2)
- [more options / values...](#)

### Document Types

Refine

- ☐ ARTICLE (13)
- ☐ REVIEW (3)
- ☐ PROCEEDINGS PAPER (1)



(0)



Save to:

EndNote Web

EndNote

RefWorks

ResearcherID

[more options](#)



Analyze Results



Create Citation Report

- ☐ 1. Title: **Diet, lifestyle and chronic widespread pain: Results from the 1958 British Birth Cohort Study**  
Author(s): VanDenKerkhof Elizabeth G.; Macdonald Helen M.; Jones Gareth T.; et al.  
Source: PAIN RESEARCH & MANAGEMENT Volume: 16 Issue: 2 Pages: 87-92 Published: MAR-APR 2011  
Times Cited: 0 (from Web of Science)  
[Links](#) [ [View abstract](#) ]
- ☐ 2. Title: **Convenience foods in children's diet and association with dietary quality and body weight status**  
Author(s): Alexy U.; Libuda L.; Mersmann S.; et al.  
Source: EUROPEAN JOURNAL OF CLINICAL NUTRITION Volume: 65 Issue: 2 Pages: 160-166 DOI: 10.1038/ejcn.2010.254 Published: FEB 2011  
Times Cited: 0 (from Web of Science)  
[Links](#) [ [View abstract](#) ]

Default is **newest** item at the top.  
But which are the most **relevant**?

# Refining/evaluating options

- Add extra keywords or different keywords
- Refine/Limit results by specific:
  - Document Types (very useful for Review articles!)
  - Subject area
  - Source Titles (journal titles)
  - Authors
  - Publication Years
- Change the sort order of results (“Sort by” menu)
- Use what you’ve found to move off into related papers



Click on **Relevance** in drop-down menu and order of results will change – most relevant result at the top

Results: 16 Page 1 of 2 Go

Sort by: Relevance

Hide Refine

### Refine Results

Search within results for

Web of Science Categories Refine

- ☐ NUTRITION DIETETICS (5)
- ☐ RHEUMATOLOGY (3)
- ☐ ENDOCRINOLOGY METABOLISM (2)
- ☐ INTEGRATIVE COMPLEMENTARY MEDICINE (2)
- ☐ MEDICINE GENERAL INTERNAL (2)

more options / values...

Document Types Refine

- ☐ ARTICLE (13)
- ☐ REVIEW (3)
- ☐ PROCEEDINGS PAPER (1)

more options / values...

Subject Areas

Authors

Group Authors

Editors

Source Titles

Book Series Titles

1. Title: **The effects of nutritional supplements on the symptoms of fibromyalgia and chronic fatigue syndrome**  
Author(s): Dykman KD; Tone C; Ford C; et al.  
Source: INTEGRATIVE PHYSIOLOGICAL AND BEHAVIORAL SCIENCE Volume: 33 Issue: 1 Pages: 61-71 DOI: 10.1007/BF02688676 Published: JAN-MAR 1998  
Times Cited: 14 (from Web of Science)  
Links [View abstract]

2. Title: **The effect of a polynutrient supplement on fatigue and physical activity of patients with chronic fatigue syndrome: a double-blind randomized controlled trial**  
Author(s): Brouwers FM; van der Werf S; Bleijenberg G; et al.  
Source: QJM-AN INTERNATIONAL JOURNAL OF MEDICINE Volume: 95 Issue: 10 Pages: 677-683 DOI: 10.1093/qjmed/95.10.677 Published: OCT 2002  
Times Cited: 14 (from Web of Science)  
Links [View abstract]

3. Title: **Magnesium status and parameters of the oxidant-antioxidant balance in patients with chronic fatigue: Effects of supplementation with magnesium**  
Author(s): Keenoy BHY; Moorkens G; Vertommen J; et al.  
Source: JOURNAL OF THE AMERICAN COLLEGE OF NUTRITION Volume: 19 Issue: 3 Pages: 374-382 Published: JUN 2000  
Times Cited: 18 (from Web of Science)  
Links [View abstract]

4. Title: **Vitamin D and rehabilitation: Improving functional outcomes**  
Author(s): Shinchuk Leonid; Holick Michael F.  
Source: NUTRITION IN CLINICAL PRACTICE Volume: 22 Issue: 3 Pages: 297-304 DOI:

# Which have been used by other researchers?

## Sort by Citations (favours older papers)

Results: 16

Page 1 of 2 Go

Sort by: Times Cited -- highest to lowest



(0)



Save to:

EndNote Web

EndNote

RefWorks

ResearcherID

more options



Analyze Results



Create Citation Report

### Refine Results

Search within results for

Search

#### Web of Science Categories

Refine

☐ NUTRITION DIETETICS (5)

☐ RHEUMATOLOGY (3)

☐ ENDOCRINOLOGY METABOLISM (2)

☐ INTEGRATIVE COMPLEMENTARY MEDICINE (2)

☐ MEDICINE GENERAL INTERNAL (2)

[more options / values...](#)

#### Document Types

Refine

☐ ARTICLE (13)

☐ REVIEW (3)

☐ PROCEEDINGS PAPER (1)

[more options / values...](#)

#### Subject Areas

#### Authors

#### Group Authors

#### Editors

#### Source Titles

#### Book Series Titles

#### Conference Titles

#### Publication Years

#### Institutions

#### Funding Agencies

- ☐ 1. Title: **Vitamin D: importance in the prevention of cancers, type 1 diabetes, heart disease, and osteoporosis**  
Author(s): Holick MF  
Conference: 43rd Annual Meeting of the American-Society-for-Clinical-Nutrition Location: SAN DIEGO, CA Date: APR 12-13, 2003  
Sponsor(s): Amer Soc Clin Nutrit  
Source: AMERICAN JOURNAL OF CLINICAL NUTRITION Volume: 79 Issue: 3 Pages: 362-371  
Published: MAR 2004  
Times Cited: 461 (from Web of Science)  
[Links](#) [View abstract](#)
- ☐ 2. Title: **Vitamin D deficiency is associated with anxiety and depression in fibromyalgia**  
Author(s): Armstrong D. J.; Meenagh G. K.; Bickle I.; et al.  
Source: CLINICAL RHEUMATOLOGY Volume: 26 Issue: 4 Pages: 551-554 DOI: 10.1007/s10067-006-0348-5 Published: APR 2007  
Times Cited: 39 (from Web of Science)  
[Links](#) [View abstract](#)
- ☐ 3. Title: **Neurotic, neuromuscular and autonomic nervous form of magnesium imbalance**  
Author(s): Durlach J.; Bao P.; Durlach V.; et al.  
Source: MAGNESIUM RESEARCH Volume: 10 Issue: 2 Pages: 169-195 Published: JUN 1997  
Times Cited: 37 (from Web of Science)  
[Links](#) [View abstract](#)
- ☐ 4. Title: **Use of complementary and alternative medical therapies by patients referred to a Fibromyalgia Treatment Program at a Tertiary Care Center**  
Author(s): Wahner-Roedler DL; Elkin PL; Vincent A; et al.  
Source: MAYO CLINIC PROCEEDINGS Volume: 80 Issue: 1 Pages: 55-60 Published: JAN 2005  
Times Cited: 35 (from Web of Science)  
[Links](#) [View abstract](#)
- ☐ 5. Title: **A review of recent clinical trials of the nutritional supplement Chlorella pyrenoidosa in the treatment of fibromyalgia, hypertension, and ulcerative colitis**

**Refine Results**

Search within results for

Search

## Web of Science Categories Refine

- ☐ NUTRITION DIETETICS (5)
- ☐ RHEUMATOLOGY (3)
- ☐ ENDOCRINOLOGY METABOLISM (2)
- ☐ INTEGRATIVE COMPLEMENTARY MEDICINE (2)
- ☐ MEDICINE GENERAL INTERNAL (2)

[more options / values...](#)

## Document Types Refine

- ☐ ARTICLE (13)
- ☒ REVIEW (3)
- ☐ PROCEEDINGS PAPER (1)

[more options / values...](#)

## Subject Areas

## Authors

## Group Authors

## Editors

## Source Titles

## Book Series Titles

## Conference Titles

## Publication Years

## Institutions

## Funding Agencies

## Languages

## Countries/Territories

+ (0) Save to: EndNote Web EndNote



RefWorks

ResearcherID

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1. Title: **The effects of nutritional supplements on the symptoms of fibromyalgia and chronic fatigue syndrome**  
Author(s): Dykman KD; Tone C; Ford C; et al.  
Source: INTEGRATIVE PHYSIOLOGICAL AND BEHAVIORAL SCIENCE Volume: 33 Issue: 1 Pages: 61-71 DOI: 10.1007/BF02688676 Published: JAN-MAR 1998  
Times Cited: 14 (from Web of Science)  
[Links](#) [ [View abstract](#) ]
2. Title: **The effect of a polynutrient supplement on fatigue and physical activity of patients with chronic fatigue syndrome: a double-blind randomized controlled trial**  
Author(s): Brouwers FM; van der Werf S; Bleijenberg G; et al.  
Source: QJM-AN INTERNATIONAL JOURNAL OF MEDICINE Volume: 95 Issue: 10 Pages: 677-683 DOI: 10.1093/qjmed/95.10.677 Published: OCT 2002

**Refine results:** various options but limiting  
Document Type = Review.  
Can be extremely useful at the start of a piece of research...

Times Cited: 37 (from Web of Science)

[Links](#) [ [View abstract](#) ]

# 3 review articles (special type of articles = overview, summary type research papers)

The screenshot displays a research database interface with the following elements:

- Results:** 3
- Page:** 1 of 1
- Sort by:** Relevance
- Refine Results** sidebar on the left with categories like Web of Science Categories and Document Types.
- Search within results for:** A search bar with a 'Search' button.
- Web of Science Categories:** Includes BIOCHEMISTRY MOLECULAR BIOLOGY (1), ENDOCRINOLOGY METABOLISM (1), HEALTH CARE SCIENCES SERVICES (1), INTEGRATIVE COMPLEMENTARY MEDICINE (1), and NUTRITION DIETETICS (1).
- Document Types:** Includes REVIEW (3).
- Subject Areas, Authors, Group Authors, Editors:** Expandable sections.
- Search Results:** Two results are shown. The first result is titled "Vitamin D and rehabilitation: Improving functional outcomes" by Shinchuk Leonid, Holick Michael F. It is from NUTRITION IN CLINICAL PRACTICE, Volume 22, Issue 3, Pages 297-304, published in JUN 2007. It has been cited 17 times. The abstract is visible and circled in red. The second result is titled "Neurotic, neuromuscular and autonomic nervous form of magnesium imbalance" by Durlach J, Bac P, Durlach V, et al. It is from MAGNESIUM RESEARCH, Volume 10, Issue 2, Pages 169-195, published in JUN 1997. It has been cited 37 times.

**Abstract of the first article:**

Vitamin D inadequacy is pandemic among rehabilitation patients in both inpatient and outpatient settings. Male and female patients of all ages and ethnic backgrounds are affected. Vitamin D deficiency causes osteopenia, precipitates and exacerbates osteoporosis, causes the painful bone disease osteomalacia, and worsens proximal muscle strength and postural sway. Vitamin D inadequacy can be prevented by sensible sun exposure and adequate dietary intake with supplementation. Vitamin D status is determined by measurement of serum 25-hydroxyvitamin D. The recommended healthful serum level is between 30 and 60 ng/mL. 25-Hydroxyvitamin D levels of >30 ng/mL are sufficient to suppress parathyroid hormone production and to maximize the efficiency of dietary calcium

Skim read the abstract – is the content relevant? Can you identify new keywords to use in your search?

Note: click on the **Links** button to see if we have paid for the item in electronic format

The image shows a library search interface. On the left is a 'Refine Results' sidebar with filters for 'Web of Science Categories' and 'Document Types'. The main results list shows three items. The first item, 'Vitamin D and rehabilitation: Improving functional outcomes', has its 'Links' button circled in red. An inset window shows the detailed record for this item, including the title, source, and a 'Full Text' section. In the 'Full Text' section, the 'GO' button is circled in red, indicating the next step to access the full text.

Results: 3

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**Refine Results**

Search within results for

**Web of Science Categories**

- ☐ BIOCHEMISTRY MOLECULAR BIOLOGY (1)
- ☐ ENDOCRINOLOGY METABOLISM (1)
- ☐ HEALTH CARE SCIENCES SERVICES (1)
- ☐ INTEGRATIVE COMPLEMENTARY MEDICINE (1)
- ☐ NUTRITION DIETETICS (1)

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**Document Types**

- ☐ REVIEW (3)

**Subject Areas**

- Authors
- Group Authors
- Editors
- Source Titles
- Book Series Titles

1. Title: **Vitamin D and rehabilitation: Improving functional outcomes**  
Author(s): Shinchuk  
Source: NUTRITION IN CLINICAL PRACTICE  
10.1177/0115426907300000  
Times Cited: 17 (from Web of Science)  
**Links** [View abstract]

2. Title: **Neurotic, ...**  
Author(s): Durlach  
Source: MAGNESIUM  
Times Cited: 37 (from Web of Science)  
**Links** [View abstract]

3. Title: **CHIROPRA ...**  
Author(s): Schnei  
Source: JOURNALS  
Pages: 25-40  
Times Cited: 5 (from Web of Science)  
**Links** [View abstract]

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SFX Services for this record, provided by Aberdeen University Library

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Title: Vitamin D and rehabilitation: Improving functional outcomes  
Source: Nutrition in clinical practice [0884-5336] Shinchuk yr:2007 vol:22 iss:3 pg:297-304

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### Vitamin D and Rehabilitation: Improving Functional Outcomes

Leonid Shinchuk, MD\*  
Michael F. Holick, MD, PhD†

\*Spaulding Rehabilitation Hospital and† Boston University Medical Center, Boston, Massachusetts

Correspondence: Michael F. Holick, MD, Boston University Medical Center, 715 Albany Street, M-1013, Boston, MA 02118. Electronic mail may be sent to [mfholick@bu.edu](mailto:mfholick@bu.edu).

#### Abstract

Vitamin D inadequacy is pandemic among rehabilitation patients in both inpatient and outpatient settings. Male and female patients of all ages and ethnic backgrounds are

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#### This Article

doi: 10.1177/0115426507022003297  
Nutr Clin Pract June 2007 vol. 22 no. 3  
297-304


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## Invited Review

### Vitamin D and Rehabilitation: Improving Functional Outcomes

Leonid Shinchuk, MD\*; and Michael F. Holick, MD, PhD†

\*Spaulding Rehabilitation Hospital and †Boston University Medical Center, Boston, Massachusetts

**ABSTRACT:** Vitamin D inadequacy is pandemic among rehabilitation patients in both inpatient and outpatient settings. Male and female patients of all ages and ethnic backgrounds are affected. Vitamin D deficiency causes osteopenia, precipitates and exacerbates osteoporosis, causes the painful bone disease osteomalacia, and worsens proximal muscle strength and postural sway. Vitamin D inadequacy can be prevented by sensible sun exposure and adequate dietary intake with supplementation. Vitamin D status is determined by measurement of serum 25-hydroxyvitamin D. The recommended healthful serum level is between 30 and 60 ng/mL. 25-Hydroxyvitamin D levels of >30 ng/mL are sufficient to suppress parathyroid hormone production and to maximize the efficiency of dietary calcium absorption from the small intestine. This can be accomplished by ingesting 1000 IU of vitamin D<sub>3</sub> per day, or by taking 50,000 IU of vitamin D<sub>2</sub> every 2 weeks. Vitamin D toxicity is observed when 25-hydroxyvitamin D levels exceed 150 ng/mL. Identification and treatment of vitamin D deficiency reduces the risk of

less condition of osteoporosis that causes skeletal fragility and fractures.<sup>1,2</sup>

Vitamin D also plays an important role in regulation of proliferation and differentiation in a variety of cells and tissues not associated with calcium metabolism.<sup>1-4</sup> Receptors for vitamin D (VDR) were found in a variety of body tissues and cells, including brain, heart, breast, prostate, gonads, colon, pancreas, monocytes, and activated T and B lymphocytes.<sup>3-6</sup> Vitamin D is important in maintaining muscle strength through its action on VDR in muscle tissue.<sup>7</sup>

Rehabilitation patients in both inpatient and outpatient settings are a high-risk population prone to develop and have the consequences of vitamin D deficiency.<sup>8,9</sup> The functional outcomes of patients in rehabilitation programs depend on correct diagnosis and appropriate treatment of those affected. The goal of this review is to update the readers on the current concepts in vitamin D physiology and clinical

## Nutrition in Clinical Practice

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doi: 10.1177/0115426507022003297

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- ☐ NUTRITION DIETETICS (1)
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## Document Types

Refine

- ☐ REVIEW (3)

## Subject Areas

## Authors

## Group Authors

## Editors

## Source Titles

## Book Series Titles

## Conference Titles

## Publication Years

## Institutions

## Funding Agencies

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1. Title: **Vitamin D and**  
Author(s): Shinchuk  
Source: NUTRITION  
10.1177/011542650  
Times Cited: 17 (from  
[Links](#) [ [View a](#)
2. Title: **Neurotic, ne**  
Author(s): Durlach J  
Source: MAGNESIUM  
Times Cited: 37 (from  
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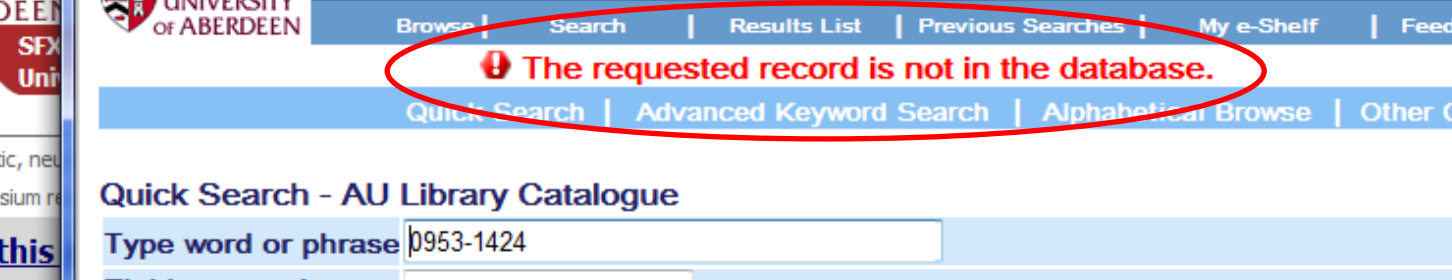
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#	Author	Title	Year	Format	Copies owned/out
1		<a href="#">Clinical and experimental allergy.</a>	1989	SE Serial	Medical Library( 10/ 0)

Previous Page Next Page

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[illegible]

# Finding extra/different keywords to improve and modify your search results

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## Fibromyalgia and nutrition, what do we know?

**Author(s):** Arranz, LI (Arranz, Laura-Isabel)<sup>1</sup>; Canela, MA (Canela, Miguel-Angel)<sup>2</sup>; Rafecas, M (Rafecas, Magda)<sup>1</sup>

**Source:** RHEUMATOLOGY INTERNATIONAL **Volume:** 30 **Issue:** 11 **Pages:** 1417-1427 **DOI:** 10.1007/s00296-010-1443-0 **Published:** SEP 2010

**Times Cited:** 0 (from Web of Science)

**Cited References:** 86 [ [view related records](#) ] [Citation Map](#)

**Abstract:** Many people suffer from fibromyalgia (FM) without an effective treatment. They do not have a good quality of life and cannot maintain normal daily activity. Among the different hypotheses for its ethiopathophysiology, oxidative stress is one of the possibilities. Non-scientific information addressed to patients regarding the benefits of nutrition is widely available, and they are used to trying non-evidenced strategies. The aim of this paper is to find out what we know right now from scientific studies regarding fibromyalgia disease and nutritional status, diets and food supplements. A systematic search has been performed on Medline with a wide range of terms about these nutritional issues. The search has been made during 2009, for articles published between 1998 and 2008. Target population: people suffering from FM. Vegetarian diets could have some beneficial effects probably due to the increase in antioxidant intake. There is a high prevalence of obesity and overweight in patients, and weight control seems to be an effective tool to improve the symptoms. Some nutritional deficiencies have been described, it is not clear whether they are directly related to this disease or not. About the usefulness of some food supplements we found very little data, and it seems that more studies are needed to prove which ones could be of help. Dietary advice is necessary to these patients to improve their diets and maintain normal weight. It would be interesting to investigate more in the field of nutrition and FM to reveal any possible relationships.

**Document Type:** Review

**Language:** English

**Author Keywords:** Fibromyalgia; Nutrition; Diet; Antioxidants; Nutritional supplementation

**KeyWords Plus:** CHRONIC-FATIGUE-SYNDROME; NONSPECIFIC MUSCULOSKELETAL PAIN; BODY-MASS INDEX; QUALITY-OF-LIFE; OXIDATIVE STRESS; GENERAL-POPULATION; DOUBLE-BLIND; CHLORELLA-PYRENOIDOSA; DIETARY GLUTAMATE; NITRIC-OXIDE

**Reprint Address:** Arranz, LI (reprint author), Univ Barcelona, Fac Pharm, Dept Nutr & Food Sci, Joan XXIII S-N, E-08028 Barcelona, Spain

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## Fibromyalgia and nutrition, what do we know?

**Author(s):** [Arranz, LI](#) (Arranz, Laura-Isabel)<sup>1</sup>; [Canela, MA](#) (Canela, Miguel-Angel)<sup>2</sup>; [Rafecas, M](#) (Rafecas, Magda)<sup>1</sup>

**Source:** RHEUMATOLOGY INTERNATIONAL **Volume:** 30 **Issue:** 11 **Pages:** 1417-1427 **DOI:** 10.1007/s00296-010-1443-0 **Published:** SEP 2010

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**Abstract:** Many people suffer from fibromyalgia (FM) without an effective treatment. They do not have a good quality of life and cannot maintain normal daily activity. Among the different hypotheses for its ethiopathophysiology, oxidative stress is one of the possibilities. Non-scientific information addressed to patients regarding the benefits of nutrition is widely available, and they are used to trying non-evidenced strategies. The aim of this paper is to find out what we know right now from scientific studies regarding fibromyalgia disease and nutritional status, diets and food supplements. A systematic search has been performed on Medline with a wide range of terms about these nutritional issues. The search has been made during 2009, for articles published between 1998 and 2008. Target population: people suffering from FM. Vegetarian diets could have some beneficial effects probably due to the increase in antioxidant intake. There is a high prevalence of obesity and overweight in patients, and weight control seems to be an effective tool to improve the symptoms. Some nutritional deficiencies have been described, it is not clear whether they are directly related to this disease or not. About the usefulness of some food supplements we found very little data, and it seems that more studies are needed to prove which ones could be of help. Dietary advice is necessary to these patients to improve their diets and maintain normal weight. It would be interesting to investigate more in the field of nutrition and FM to reveal any possible relationships.

**Document Type:** [Review](#)

**Language:** English

**Author Keywords:** Fibromyalgia; Nutrition; Diet; Antioxidants; Nutritional supplementation

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
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# Interventions for the treatment, management and rehabilitation of patients with chronic fatigue syndrome/myalgic encephalomyelitis: an updated systematic review

**Author(s):** [Chambers, D](#) (Chambers, Duncan); [Bagnall, AM](#) (Bagnall, Anne-Marie); [Hempel, S](#) (Hempel, Susanne); [Forbes, C](#) (Forbes, Carol)

**Source:** JOURNAL OF THE ROYAL SOCIETY OF MEDICINE **Volume:** 99 **Issue:** 10 **Pages:** 506-520 **DOI:** 10.1258/jrsm.99.10.506 **Published:** OCT 2006

**Times Cited:** 48 (from Web of Science)

**Cited References:** 104 [ [view related records](#) ] [Citation Map](#)

**Abstract:** Objectives To determine whether any particular intervention or combination of interventions is effective in the treatment, management and rehabilitation of adults and children with a diagnosis of chronic fatigue syndrome/myalgic encephalomyelitis (CFS/ME).

**Design** Substantive update of a systematic review published in 2002. Randomized (RCTs) and non-randomized controlled trials of any intervention or combination of interventions were eligible for inclusion. Study participants could be adults or children with a diagnosis of CFS/ME based on any criteria. We searched eleven electronic databases, reference lists of articles and reviews, and textbooks on CFS/ME. Additional references were sought by contact with experts.

**Results** Seventy studies met the inclusion criteria. Studies on behavioural, immunological, pharmacological and complementary therapies, nutritional supplements and miscellaneous other interventions were identified. Graded exercise therapy and cognitive behaviour therapy appeared to reduce symptoms and improve function based on evidence from RCTs. For most other interventions, evidence of effectiveness was inconclusive and some interventions were associated with significant adverse effects.

**Conclusions** Over the last five years, there has been a marked increase in the size and quality of the evidence base on interventions for CFS/ME. Some behavioural interventions have shown promising results in reducing the symptoms of CFS/ME and improving physical functioning. There is a need for research to define the characteristics of patients who would benefit from specific interventions and to develop clinically relevant objective outcome measures.

## Times Cited: 48

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van Groenestijn, Annerieke C. Effects of aerobic exercise therapy and cognitive behavioural therapy on functioning and quality of life in amyotrophic lateral sclerosis: protocol of the FACTS-2-ALS trial. BMC NEUROLOGY, JUN 14 2011.

van Geelen, Stefan M. Self-investigation in adolescent chronic fatigue syndrome: Narrative changes and health improvement. PATIENT EDUCATION AND COUNSELING, MAY 2011.

Cella, Matteo. Therapist effects in routine psychotherapy practice: An account from chronic fatigue syndrome. PSYCHOTHERAPY RESEARCH, 2011.

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- ☒ 9. Title: **Chronic fatigue syndrome - An update**  
Author(s): Shephard RJ  
Source: SPORTS MEDICINE Volume: 31 Issue: 3 Pages:  
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- ☒ 10. Title: **Fibromyalgia and nutrition, what do we know?**  
Author(s): Arranz Laura-Isabel; Canela Miguel-Angel; Rafeca  
Source: RHEUMATOLOGY INTERNATIONAL Volume: 30  
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# 4	3	Topic=("chronic fatigue syndrome" or cfs or fibromyalgia) AND Topic=(diet* or nutrition*) Refined by: Topic=(vitamin*) AND Document Type=( REVIEW ) Databases=SCI-EXPANDED, CPCI-S Timespan=All Years Lemmatization=On			<input type="checkbox"/>	<input type="checkbox"/>
# 3	16	Topic=("chronic fatigue syndrome" or cfs or fibromyalgia) AND Topic=(diet* or nutrition*) Refined by: Topic=(vitamin*) Databases=SCI-EXPANDED, CPCI-S Timespan=All Years Lemmatization=On			<input type="checkbox"/>	<input type="checkbox"/>
# 2	188	Topic=("chronic fatigue syndrome" or cfs or fibromyalgia) AND Topic=(diet* or nutrition*) Databases=SCI-EXPANDED, CPCI-S Timespan=All Years Lemmatization=On			<input type="checkbox"/>	<input type="checkbox"/>
# 1	94	Topic=("chronic fatigue syndrome" or cfs or fibromyalgia) AND Topic=(diet or nutrition) Databases=SCI-EXPANDED, CPCI-S Timespan=All Years Lemmatization=On			<input type="checkbox"/>	<input type="checkbox"/>

☐ AND ☐ OR [Select All](#)

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  - Install extra plugins (e.g. RefWorks Write-N-Cite)
- Login using Shibboleth/UK Federation/Institutional Login
- Check out [www.abdn.ac.uk/proxy](http://www.abdn.ac.uk/proxy) and [www.abdn.ac.uk/library/collections/access-eresources](http://www.abdn.ac.uk/library/collections/access-eresources)

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- Library guides at [www.abdn.ac.uk/library/support/guides](http://www.abdn.ac.uk/library/support/guides)
- Information Consultants
  - [www.abdn.ac.uk/library/support/contacts/ic/](http://www.abdn.ac.uk/library/support/contacts/ic/)
- Vodcasts (video-style demos
  - [www.abdn.ac.uk/library/myzone/vodcasts](http://www.abdn.ac.uk/library/myzone/vodcasts)
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